praxera™

HELPING PRACTICES BUILD
MORE THAN PATIENT LOYALTY

THYROID BASICS™

Thyroid Basics™ is a dietary supplement to support thyroid function and health.*

Thyroid Basics™ is a vegetarian blend of Tyrosine with herbal extracts, vitamins and minerals, not found in other supplements, and includes patented ForsLean® Coleus forskohlii to support the maintenance and proper function of a healthy thyroid.*

Thyroid Basics™ supports:

- Energy*
- Mood*
- Production of thyroid hormones T3 (Triiodothyronine) and T4 (Thyroxine)*

Energy:

- Folate is needed for the manufacture of red blood cells.* Fatigue is associated with low levels of folate.*

Mood balance:

- **Tyrosine** supports mood as it is required for the production of dopamine, norepinephrine and epinephrine which are responsible for regulating mood.*
- **Bacopa monnieri** is an Ayurvedic herb that has been use to increase focus and concentration.*

Thyroid gland and hormone production:

- **B Vitamins** such as B2 is needed for metabolism and thyroid function.* A lack of B2 can contribute to low thyroid function.* Vitamin B6 helps to regulate the production of thyroid hormones.* It also supports the utilization of iodine required for the production of hormones.*
- **Bacopa monnieri** has been shown to support the thyroid's production of T4.*
- **Copper** plays an important role in thyroid metabolism, especially in hormone production and absorption.*
- **ForsLean® brand Coleus forskohlii** is a perennial plant from the mint family. It contains an active compound called forskolin, which has been shown to mimic the effect of TSH (Thyroid Stimulating Hormone) with regard to iodine uptake.*
- **Guggulsterones** (extracts from the Indian herb Commiphora) have been shown to support the concentration of thyroid hormones in the blood especially the ratio of the active T3 to T4 in the blood.*
- **Iodine** is required for the production of thyroid hormones.* It is a component of the thyroid hormones T3 (triiodothyronine) and T4 (thyroxin), and is therefore essential for normal thyroid function.*
- **Manganese** inadequacy has shown correlation with a reduction in thyroid activity. Manganese is required for T4 production.*
- **Selenium** is required for thyroid hormone production, activation and metabolism.* It is an essential component of an enzyme that converts T4 to T3.*
- **Tyrosine** is required for the synthesis of thyroid hormones.* Inadequacy has been associated with low thyroid function.*
- **Zinc** is involved in the process that converts inactive T4 into active T3.*

Suggested use: As a dietary supplement, take 2 capsules with food, twice daily until results occur, then take 2 capsules daily with food, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Riboflavin 5 mg	385%
Vitamin B6 (as Pyridoxal 5-Phosphate) 25 mg	1,471%
Folate (as L-Methyltetrahydrofolate Calcium) 400 mcg DFE	100%
Iodine (as K Iodide) 225 mcg	150%
Zinc (as Zn Glycinate) 10 mg	91%
Selenium (as Selenomethionine) 50 mcg	91%
Copper (as Cu Glycinate) 0.5 mg	56%
Manganese (as Mn Glycinate) 5 mg	217%
Chromium (as Cr Polynicotinate)† 50 mcg	143%
L-Tyrosine 500 mg	*
Bacopa monnieri Extract 200 mg yielding Bacosides 40 mg	*
Commiphora mukul Extract 100 mg yielding Guggulsterones 2.5 mg	*
Coleus forskohlii (ForsLean® Brand) Extract 100 mg yielding Forskolin 10 mg	*

*Daily Value not established.

†ChromeMate® brand niacin-bound chromium. Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: Do not take this product if you have an overactive thyroid, bleeding disorders, cardiovascular disease or hormone sensitive conditions; or if you are taking blood thinners, calcium channel blockers, nitrates, or statin drugs. Discontinue use 2 weeks prior to any elective surgeries. If pregnant or nursing, consult with your healthcare professional before taking this product.

VEGETARIAN / GLUTEN FREE

ChromeMate®

ChromeMate® is a registered trademark of InterHealth N.I. ForsLean® is a Registered Trademark and Patented Product of Sabinsa Corporation., U.S. Patent # 5,804,596.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.