praxera™

HELPING PRACTICES BUILD
MORE THAN PATIENT LOYALTY

STRESS B CAPSULES

A Dietary Supplement to Support Proper Nerve Function and Relaxation*

- Available in a vegetarian, gluten free, and easy to swallow capsule
- Contains the active form of vitamin B12 (Methylcobalamin)
- Contains Folate L-5-MTHF, a highly bioavailable form of folic acid

Stress B contains Thiamin (B1), Riboflavin (B2), Niacin (B3 as niacinamide), Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid (B5), PABA, Choline and Inositol to support proper nerve function and relaxation.* The Vitamin B complex in Stress B helps manage stress, support immune system function and helps reduce irritability.* B vitamins are important for proper circulatory function, for maintaining blood pressure within normal ranges, and preserving proper cholesterol and homocysteine levels.*

About B Vitamins

- **Vitamin B1** supports circulation, optimizes cognitive activity and brain function, protects the body from the degenerative effects of aging, and has a positive effect on energy.*
- **Vitamin B2** has been included to facilitate the use of oxygen by the tissues and helps with the absorption of Vitamin B6.
- **Vitamin B3** is needed for proper circulation and healthy skin.* It aids in the functioning of the nervous system and in the metabolism of carbohydrates, fats and proteins.* It is required by the nervous system and is needed for normal brain function.*
- **Pantothenic Acid (Vitamin B5)** plays a role in the production of the adrenal hormones and is required by all cells. Pantothenic Acid may be helpful in managing irregular moods and feelings of anxiousness.*
- **PABA** (Para-Aminobenzoic Acid) is one of the basic constituents of folic acid and helps in the assimilation of pantothenic acid. Low levels of PABA may lead to irregular mood states, irritability and nervousness.*
- **Vitamin B6** is a cofactor for over 60 different enzymatic reactions in the body and is required for normal brain and nerve function.* It is involved in the regulation of electrolyte balance and is needed for proper metabolism of fat and cholesterol.* It also helps break down homocysteine to prevent its buildup in the blood stream.*
- **Vitamin B12** helps to support nerve health by maintaining the fatty sheaths that cover and protect nerve endings.* It has also been shown to enhance sleep patterns, allowing for more restful and refreshing sleep.*
- **Folate** and Vitamin B12 are needed for the formation of red blood cells and to turn homocysteine into methionine.* Folate is needed for energy production, protein metabolism and repair of RNA and DNA, and may help with fluctuating moods and feelings of anxiousness.*
- **Biotin** aids in cell growth, fatty acid production, the metabolism of carbohydrates, fats, and proteins, and the utilization of the other B vitamins.* It also supports healthy nerve tissue.*
- **Choline** is needed for the proper transmission of nerve impulses from the brain throughout the central nervous system and aids in fat and cholesterol metabolism.*
- **Inositol** has a calming effect and helps to maintain cholesterol levels within normal ranges.* Low levels of inositol may lead to mood swings and feelings of anxiousness.*

Stress B Capsules support:*

- Proper nerve function and relaxation*
- Stress management*
- Immune system function*
- Healthy circulation*
- Normal homocysteine levels*

Suggested Use: As a dietary supplement, take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 90

Amount Per Serving	% Daily Value
Thiamin (as Thiamin Mononitrate) 55 mg	4,583%
Riboflavin 55 mg	4,231%
Niacin (as Niacinamide) 55 mg	344%
Vitamin B6 (as Pyridoxal-5-Phosphate) 55 mg	3,235%
Folate (as L-Methyltetrahydrofolate Calcium) 200 mcg DFE	50%
Vitamin B12 (as Methylcobalamin) 12 mcg	500%
Biotin 100 mcg	333%
Pantothenic Acid (as Calcium d-Pantothenate) 55 mg	1,100%
Choline (as Choline Bitartrate) 55 mg	10%
PABA (Para-aminobenzoic Acid) 55 mg	*
Inositol 55 mg	*

*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.