praxera™

HELPING PRACTICES BUILD
MORE THAN PATIENT LOYALTY

PROSTATE HEALTH™

A dietary supplement to support proper prostate function.*

Recommended For:

- Hormone Balance Support*
- Managing DHT levels*
- Positively effecting enzymes that support proper prostate size and function*

One of the fastest growing concerns for men today is maintaining prostate health. Prostate enlargement, known as Benign Prostate Hypertrophy (BPH), affects most men over age 60.

Present research for prostate health is focused on the reduction of dihydrotestosterone (DHT), a potent form of testosterone and estrogen, which is a hormone that inhibits DHT removal from the prostate.

Hormone Balance and DHT :

- **Beta Sitosterol** is a phytosterol that may help inhibit the action of the enzyme 5-alpha reductase.* A decrease in the action of 5-alpha reductase may reduce the production of DHT.*
- **Green Tea** seems to be able to influence serum concentrations of hormones by promoting higher levels of sex hormone binding globulin (SHBG), which bind to testosterone to prevent testosterone from converting into DHT.*
- **Zinc** is found in the prostate gland, which has the highest concentration of zinc in the body, and requires 10 times more zinc than any other organ. Zinc supplementation also may help inhibit 5-alpha reductase.*
- **Pyridoxal 5-Phosphate (P5P)** is the active form of Vitamin B6 and aids in the utilization of zinc.*

Prostate Function Support:

- **Saw Palmetto berry extract, Pumpkin Seed and Lycopene** contain phytonutrients that have been found to support proper prostate function.* Pumpkin Seed has been used for over 100 years due to its abundance of fatty acids, phytosterols, and its cleansing action.* Free fatty acids and sterols in Saw Palmetto help maintain proper prostate function by inhibiting the enzyme 5-alpha reductase and the binding of DHT to cellular binding sites to prevent prostate cell proliferation.* Lycopene is a cell protective substance that is most abundant in prostate tissue.*
- **Stinging Nettle** promotes the proper functioning and structural integrity of the prostate gland by helping inhibit the enzyme which the body uses to convert testosterone into estrogen.*
- **Pygeum** is a phytonutrient that supports proper functioning and structural integrity of the prostate gland.* It blocks certain enzyme activity.*
- **Resveratrol, Alpha Lipoic Acid, Vitamin C and Vitamin E** protect against free radical damage, which can contribute to prostate dysfunction.* They also support immune system function, and support the structural integrity of small capillaries and veins.*

Suggested Use: As a dietary supplement, take 2 capsules with a meal, once or twice daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (as Ca Ascorbate & Ascorbic Acid) 300 mg	333%
Vitamin E (as d-alpha Tocopheryl Succinate) 67 mg	447%
Vitamin B6 (Pyridoxal 5-Phosphate) 40 mg	2,353%
Folate (as L-Methyltetrahydrofolate Calcium) 300 mcg DFE	75%
Zinc (as Zinc Orotate) 20 mg	182%
Saw Palmetto (*Serenoa repens*) Berry Extract 640 mg yielding Free Fatty Acids 288 mg	*
Green Tea Extract 100 mg yielding Epigallo-catechin-3-gallate (EGCG) 30 mg	*
Pumpkin Seed Oil Powder 100 mg	*
R-Alpha Lipoic Acid 50 mg	*
Beta sitosterol Complex 50 mg	*
Stinging Nettle (*Urtica dioica*) Leaf Extract 40 mg	*
Pygeum africanum Bark Extract 40 mg yielding Phytosterols 4.8 mg	*
Lycopene 1.5 mg	*
Resveratrol (as Trans-Resveratrol) 5 mg	*

*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

VEGETARIAN / GLUTEN FREE / SOY FREE / NON-GMO

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.