praxera™

**HELPING PRACTICES BUILD**
**MORE THAN PATIENT LOYALTY**

# METABOLIC MULTI

## A Multivitamin-Mineral to Support Metabolic Health, Including Energy Levels*

- Comprehensive vitamin and mineral support*
- Promotes the body's natural release of GLP-1*
- Helps maintain a healthy body weight*
- Helps manage appetite*
- Promotes cardio, joint, bone, and eye health*
- Formulated with highly bioavailable ingredients*

Praxera™ Supplements Metabolic Multi is the perfect multivitamin-mineral supplement for anyone on a weight management program or who wants to support metabolic health.* It is formulated with ingredients known to maximize healthy levels of glucagon-like peptide-1 (GLP-1) and promote metabolic health and energy, so that you can be lean, fit, and healthy.*

### Maximize GLP-1 The Natural Way*

Optimizing levels of GLP-1 has become the gold standard in weight management.* GLP-1 is a hormone made in your intestines that plays an important role in weight management and appetite management.* Metabolic Multi contains ingredients that promote your body's release of GLP-1 including berberine, GreenSelect® Green Tea Phytosome, Meriva® Bioavailable Curcumin,, cinnamon, and resveratrol.*

### Maintain a Healthy Weight and Stay Slim*

The ingredients in Metabolic Multi support a healthy weight in other ways beyond GLP-1.* For example, Alluvia® Purple Tea with GHG®, which is high in colorful plant substances called anthocyanins, improves body composition and reduces fat absorption.* Purple tea also significantly reduces body mass index, waist circumference, and body weight.* GreenSelect® Green Tea Phytosome also joins in to promote a healthy body composition.*

### Healthy Heart, Joints, and Eyes*

Metabolic Multi is designed to help keep the heart strong and healthy.* Benfotiamine helps to maintain healthy blood vessels, while berberine, cinnamon, R-lipoic acid, and trans-resveratrol help the body use insulin more effectively, covering all the bases in heart and metabolic health.* A clinically researched ingredient, Meriva® curcumin, keep joints comfortable and healthy.* Vitamin D3 and vitamin K2 as MK-7 promote strong bones.* Lutein, lycopene, and zeaxanthin are all involved in optimizing ocular health.*

### Easily Absorbed*

Metabo Multi absorbs well and goes right to work. That's because Praxera™ uses the most bioavailable nutrients, such as active forms of folate and vitamin B12.* Phytosome More Bioavailable® technology helps herbal ingredients pass through the gut unharmed, cross the gut barrier easily, and get to work boosting your levels.*

### Metabolic Multi is recommended for:*

- Enhancing vitamin and mineral levels*
- Raising the body's GLP-1 levels*
- Improving insulin and blood sugar already within the normal ranges*
- Maintaining a healthy body weight and balanced appetite*
- Lean body composition*
- Overall health including metabolic, cardiovascular, bone, joint, eye, and cognitive*

**Suggested Use:** As a dietary supplement, take 6 capsules daily, in divided doses with food, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 6 Capsules
Servings Per Container 30

| Amount Per Serving | % Daily Value |
|---|---|
| Vitamin A (as 50% Retinyl Palmitate, 50% Beta Carotene) 1,050 mcg | 117% |
| Vitamin C (as Ca Ascorbate & Ascorbyl Palmitate) 620 mg | 689% |
| Vitamin D3 (as Cholecalciferol) 50 mcg (2,000 IU) | 250% |
| Vitamin E (as d-alpha Tocopheryl Succinate) 67 mg | 447% |
| Thiamine (as Thiamine HCl) 25 mg | 2,083% |
| Riboflavin (as Riboflavin & Riboflavin 5-Phosphate) 37.5 mg | 2,885% |
| Niacin (as Niacinamide) 75 mg | 469% |
| Vitamin B6 (as Pyridoxal 5-Phosphate & Pyridoxine HCl) 25 mg | 1,471% |
| Folate (as L-Methyltetrahydrofolate Calcium) 800 mcg DFE | 200% |
| Vitamin B12 (as Methylcobalamin) 500 mcg | 20,833% |
| Biotin 3000 mcg | 10,000% |
| Pantothenic Acid (as Ca Pantothenate) 50 mg | 1,000% |
| Choline (as Choline Bitartrate) 100 mg | 18% |
| Calcium (as Ca Citrate) 150 mg | 12% |
| Iodine (as K Iodide) 200 mcg | 133% |
| Magnesium (as Mg Citrate) 150 mg | 36% |
| Zinc (as Zn Citrate) 15 mg | 136% |
| Selenium (as Selenomethionine) 70 mcg | 127% |
| Copper (as Copper Bisglycinate Chelate) (TRAACS™) 2 mg | 222% |
| Manganese (as Mn Citrate) 2 mg | 87% |
| Chromium (as Cr Polynicotinate) † 400 mcg | 1,143% |
| Potassium (as K Citrate) 50 mg | 1% |
| Taurine 300 mg | * |
| R-Alpha Lipoic Acid (Sodium Salt) 150 mg | * |
| Inositol 125 mg | * |
| Berberine HCl 100 mg | * |
| Cinnamon (*Cinnamomum cassia*) Dried Bark Extract (10:1) 100 mg | * |
| Greenselect® Green Tea (*Camellia sinensis* leaf extract/ Phosphatidylcholine complex) 100 mg | * |
| Benfotiamine 50 mg | * |
| Meriva® (*Curcuma longa* root extract/ Phosphatidylcholine complex) 50 mg | * |
| L-Carnosine 50 mg | * |
| Alluvia® Purple Tea (*Camellia sinensis*) Leaf Extract (Standardized to 3% GHG®) 25 mg | * |
| Trans resveratrol (from *Polygonum cuspidatum*) 25 mg | * |
| Lutein 6 mg | * |
| Boron (as B Glycinate) 2 mg | * |
| Lycopene 1.25 mg | * |
| Zeaxanthin 1 mg | * |
| Vanadium (as bis-glycinato oxo vanadium) 100 mcg | * |
| Vitamin K2 (as Menaquinone-7) 100 mcg | * |

*Daily Value not established.

†ChromeMate® brand niacin-bound chromium.
Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

PHYTOSOME MORE BIOAVAILABLE® · MERIVA® BIOAVAILABLE CURCUMIN · GSP GREENSELECT PHYTOSOME · TRAACS™ · Alluvia® PURPLE TEA · CHROMEMATE®

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VEGETARIAN / GLUTEN FREE / SOY FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.