

# Liquid D3 10,000 IU

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A dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.\*

New research suggests that it may support immune system function by supporting healthy cell growth.\*

**Supports:**

- Bone Health\*
- Calcium Balance\*
- Cardiovascular Function\*
- Healthy Cell Growth\*
- Immune System Modulation\*

**About Vitamin D:**

- Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

**Calcium Balance:**

- Maintenance of serum calcium levels within a normal range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density. Vitamin D is essential for the efficient utilization of calcium by the body.

**Cardiovascular Support:**

- Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges.\* Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function\*

**Cell Differentiation:**

- Cellular proliferation is essential for growth and wound healing. Uncontrolled proliferation of damaged cells is unhealthy. Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.\*

**Immunity:**

- Vitamin D is an immune system modulator by supporting healthy T Cell and macrophage responses.\*

**Supplement Facts**

**Serving Size: 1 ml**

**Amount Per Serving**

|                              |                     |
|------------------------------|---------------------|
| Calories                     | 10                  |
| Total Fat                    | 1 g                 |
| Vitamin D3 (Cholecalciferol) | 250 mcg (10,000 IU) |

Other ingredients: sunflower oil, natural orange flavor, Vitamin E (as mixed tocopherols), rosmarinic acid.

**Warning:** Individuals taking more than 50 mcg (2,000 IU) per day should have their vitamin D levels monitored. If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 ml daily or as directed by your healthcare practitioner. Shake vigorously before each use.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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