praxera™

HELPING PRACTICES BUILD
MORE THAN PATIENT LOYALTY

ACTIVE FOLATE B12 CHEWABLE

Active B12 + Folate for a Healthy Heart, Mood, Methylation, and More*

- Supports circulation and cardio health*
- Helps maintain normal homocysteine*
- Calms mood and promotes sleep*
- Helps maintain nerve health*
- Promotes fat-burning and a balanced appetite*
- Supports healthy blood sugar*
- Soothes the stomach during weight management*
- Contains the active forms of B12 and folate*

Vitamin B12 and folate are important for proper circulatory function, maintaining blood pressure within normal ranges, and preserving proper cholesterol and homocysteine levels as well as supporting healthy blood sugar and fat-burning.* They're also critical for nerve health and methylation.* Yet, not everybody receives enough of these nutrients through diet alone. For example, since vitamin B12 is found in meat, B12 deficiency is common in vegetarians and vegans. Praxera™ Supplements has formulated Active Folate B12 Chewable, a great-tasting, fruit-flavored, easily absorbed chewable vitamin B12 with folate supplement to ensure you're well-nourished with these important methylation vitamins.*

Keeps Your Cardiovascular System Strong*

Folate and vitamin B12 are needed for the formation of red blood cells to help support capillary blood flow.* They're necessary to turn homocysteine into methionine, which allows the body to properly control homocysteine.* Balanced homocysteine levels are linked to cardiovascular support, including maintaining cholesterol in the normal ranges.* Active Folate B12 Chewable contains the active forms of folate (L-methyltetrahydrofolate) and vitamin B12 (methylcobalamin), which are better absorbed and more available to work in the body than other forms.*

Maintains Healthy Methylation*

Methylation is like a switch that turns genes on or off. Vitamin B12 and folate play a role in keeping methylation working like it's supposed to do.* Restoring optimal methylation can help remove harmful substances from the body and lead to calm behavior, a happy mood, and a healthy heart, to name a few benefits.* B12 and folate support healthy aging by protecting the synthesis and proper structure of proteins, DNA, and RNA.*

Promotes Restful Sleep and Calms Moods*

Vitamin B12 supports sleep patterns, allowing for more restful sleep.* Like vitamin B12, folate may help soothe fluctuating moods and occasional stress.* It also aids normal cognitive function throughout life.*

Supports Healthy Blood Sugar and Helps Control Cravings*

Vitamin B12 can help maintain healthy blood glucose metabolism.* In doing so, it can support feelings of fullness after meals and lessen carb cravings.*

Contains the Active Form of Vitamin B12*

Methylcobalamin is the active form of B12. In fact, 80% of vitamin B12 in plasma is in the methylcobalamin form. That means Active Folate B12 Chewable will go right to work supporting heart health, encouraging restful sleep, and promoting your methylation pathways.*

Other B12 Benefits*

Among its other benefits, vitamin B12 supports nerve health by maintaining the fatty sheaths that protect nerve endings.* Vitamin B12 also may soothe the stomach during pharmaceutical strategies for GLP-1 support.*

Active Folate B12 Chewable is recommended for*:

- Circulatory and heart health*
- Imbalanced homocysteine*
- Vitamin B12 deficiency*
- Better metabolism and fat reduction*
- Nutritional support for vegetarian and vegan diets*
- Cognitive function*
- Nerve health*
- People who don't like swallowing pills*
- Gastrointestinal support during weight management*

Suggested Use: As a dietary supplement, chew 1 tablet daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container 60

Amount Per Serving	% Daily Value
Folate (as L-Methyltetrahydrofolate Calcium) 1,000 mcg DFE	250%
Vitamin B12 (as Methylcobalamin) 1,000 mcg	41,667%

Other ingredients: sorbitol, microcrystalline cellulose, stearic acid, vegetable stearate, natural apricot flavor, natural cherry flavor, silica.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.